



Gipps Road Sporting Complex  
Greystanes, NSW

Summer Season Newsletter  
Volume 1, Issue 1

## 2008/09 Summer Season

### President's Report

This season, as well as our normal winter series the club were granted permit status by ANSW to conduct 4 extra meets in the summer months. We would like to thank Andrew Matthews for his hard work in making these meets possible. The competitions were held on a Sunday and not on Saturday as the winter comps have traditionally been held since the re establishment of the club back in 1992 (refer to club history). This format with a later start at 10 am proved popular among athletes and coaches alike and the committee have decided to change to this format in the coming winter season. We feel that this would allow for younger athletes competing in winter sports mainly held on Saturdays to have the opportunity to prepare for their school competitions.

We would like to thank our regular athletes and also those who have come to us this year. Our aim is always to provide a thrower friendly environment for the competitors and that's what makes our club unique. I would like to thank our treasurer and founding member Ernie Shankelton for his tireless efforts in the running of the events and Dave Prior from the Campbelltown Athletics club and also our resident ANSW official Ron Rictor for giving up their time to make the meets a success. The Dickson family, Diana (mum), Mark and Sharyn for the setting up and running of the BBQ at every meet. To our recorder and also founding member Karyne Di Marco for getting the results up on our webpage as soon as possible. A big thank you to Breanne Clement our secretary who really holds it all together. Both Karyne and Breanne have completed the official's course this year as well. To Ratko Petrovic and his company for the setting up and maintenance of our website I would like to extend my gratitude on behalf of all our members.

We would also like to thank the parents and helpers who willingly give of their time to help conduct the events. If I were to name names I would surely leave someone out. You know who you are and we are eternally grateful to you all.

All the very best for the big competitions coming up. On behalf of the NSW Thrower's Club we wish you well.

Regards  
Lawrie Barclay

### Outstanding Performances at Throwers Club



Stuart Gyngell's Australian men's  
40+ record in the shot put – 18.12m



Liam Speer's World Youth  
Qualifying throw in the discus-  
56.01m



Taylah Sengul's consistently good  
throwing with best distances of  
12.33m with the 4kg Shot and  
42.42m with the 1kg discus. Great  
distances for a 13 year old.



Karyne Di Marco's 30+ record in  
the hammer – 61.10m

## Supporting Clubs

Throwers Club had a fantastic attendance throughout the summer season with a total of 68 members many of whom competed in all 4 competitions offered. These members came from the following Athletics NSW clubs.

- Westfields
- Campbelltown
- UTS Norths
- Edgeworth
- Girraween
- Hills
- Mingara
- Illawong
- Parramatta
- Asics West
- Macquarie- Hunter
- Blacktown
- Wallsend
- Bankstown
- Sydney Uni
- Act Vets
- Aspit (France)
- Camden
- Smithfield LA's
- Nepean
- Ryde
- NSW masters
- Randwick Botany
- Trialling members

The attendance can be broken down as follows:

- Competition 1 - 36 competitors
- Competition 2 - 30 competitors (13 new)
- Competition 3 - 43 competitors (12 new)
- Competition 4 - 30 competitors (7 new)

## Pacific School Games

Congratulations to the following athletes who were members of NSW Throwers Club when they were selected to compete at the Pacific School Games in Canberra:

- Melissa Hilder
- Melissa Prior
- Shannon Petrovic
- Jess Moroney
- Caitlin Pollock
- Monique Piepenbosch
- Jasmine Perkins
- Vivian Wilton
- Taylor- Jane Villis
- Codi Mumberson
- Taylah Sengul
- Jared Dailey
- Jack Cavanagh
- Filoi Aukuso
- Abby Moroney
- Liam Speers
- Will Sacilotto
- Jake Stein
- Tepai Moeroa
- Maeva-Nui Teina
- Paulo Aokuso

These athletes achieved outstanding results with many medal winning performances and even more personal bests. Congratulations to these athletes.

## Australian Youth Olympics

3 NSW Throwers Club members were selected to compete in the Australian Youth Olympic Festival.

- Liam Speers won Gold in the men's discus and bronze in the men's Shot
- Will Sacilotto won silver in the men's shot and bronze in the men's discus. Will also achieved a world youth qualifier in the shot.
- Melissa Prior won bronze in the women's hammer.
- Breanne Clement and Karyne Di Marco were named as team throws coaches.

Fellow AYOF team member and gold medal winner Alix Kennedy attended the final throwers club meet.

## Upcoming Events



### NSW THROWERS CLUB

Throwers Club will now be held on the first Sunday of every month in the winter.

- \* 3rd May
- \* 7th June
- \* 5th July
- \* 2nd August
- \* 30th August

The program of events will be the same as the Summer Series.

**Hammer - 10:00am**  
**Discus - 11:30am**  
**Shot Put - 12:30pm**

For more information please check our website  
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throwersclub.creativitt.com.au