

NSW Throwers Club Winter 2009

Date: 30-Aug-09

Venue: Greystanes

| Hammer - Women | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
|-----------------------|------------------|--------------|-------------------------|--------------|---------------|--------------|---------------|
| | 50-54 | 1956 | Vicki Clement | Westfields | 24.57 | 1 | 3kg |
| | 45-49 | 1960 | Wendy Hord | Blacktown | 21.65 | 1 | 4kg |
| | 40-44 | 1968 | Lisa Mumberson | Campbelltown | 29.95 | 1 | 4kg |
| | 35-39 | 1970 | Lynette Smith | Girraween | 29.51 | 1 | 4kg |
| | 30-34 | 1977 | Aileen Livingston | Wallsend | 22.45 | 1 | 4kg |
| | 30-34 | 1977 | Vanessa Beddie | Nepean | 14.90 | 2 | 4kg |
| | Open | 1980 | Bronwyn Eagles | Campbelltown | 62.05 | 1 | 4kg |
| | Open | 1978 | Karyne Di Marco | Westfields | 61.89 | 2 | 4kg |
| | Open | 1982 | Breanne Clement | Westfields | 58.19 | 3 | 4kg |
| | Open | 1983 | Melissa Holohan | Wallsend | 46.12 | 4 | 4kg |
| | U/20 | 1990 | Melissa Hilder | Campbelltown | 45.33 | 1 | 4kg |
| | U/20 | 1991 | Pamela Eagles | Camden | 29.91 | 2 | 4kg |
| | U/18 | 1992 | Melissa Prior | Campbelltown | 45.49 | 1 | 4kg |
| | U/18 | 1993 | Vivian Wilton | Campbelltown | 41.54 | 2 | 4kg |
| | U/18 | 1993 | Codi Mumberson | Campbelltown | 30.77 | 3 | 4kg |
| | U/16 | 1994 | Jasmine Perkins | Westfields | 33.37 | 1 | 4kg |
| | U/16 | 1994 | Cassie Deegan | Gosford | 29.96 | 2 | 4kg |
| Hammer - Men | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
| | 65-69 | 1943 | Ron Heeps | Camden | 30.47 | 1 | 5kg |
| | 50-54 | 1955 | Lajos Joni | Girraween | 40.84 | 1 | 6kg |
| | 50-54 | 1957 | Andrew Atkinson- Howatt | Ryde | 35.86 | 4 | 6kg |
| | 50-54 | 1956 | Robert Hanbury- Brown | NSW Masters | 34.83 | 3 | 6kg |
| | 40-44 | 1965 | Jim Fassolis | Campbelltown | 24.65 | 1 | 7.26kg |
| | Open | 1982 | Mark Dickson | Westfields | 65.68 | 1 | 7.26kg |
| | Open | 1986 | Will Higgins | Campbelltown | 51.82 | 2 | 7.26kg |
| | U/16 | 1995 | Michael Taylor | Westfields | 42.12 | 1 | 4kg |
| | U/16 | 1995 | Hayden Wilton | Campbelltown | 40.06 | 2 | 4kg |
| | U/16 | 1994 | Luke Howse | Westfields | 37.55 | 3 | 4kg |
| | U/16 | 1995 | Richard Dimon | Illawong | 28.25 | 4 | 4kg |
| | U/16 | 1995 | Brooklan Frkovic | Wollongong | 21.89 | 5 | 4kg |

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| Discus - Women | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
|-----------------------|------------------|--------------|-------------------|----------------------------|---------------|--------------|---------------|
| | 45-49 | 1960 | Wendy Hord | Blacktown | 16.14 | 1 | 1kg |
| | 40-44 | 1968 | Lisa Mumberson | Campbelltown | 16.59 | 1 | 1kg |
| | 35-39 | 1970 | Lynette Smith | Girraween | 33.39 | 1 | 1kg |
| | 30-34 | 1977 | Aileen Livingston | Wallsend | 24.39 | 1 | 1kg |
| | 30-34 | 1977 | Vanessa Beddie | Nepean | 14.87 | 2 | 1kg |
| | Open | 1984 | Sharyn Dickson | Westfields | 41.77 | 1 | 1kg |
| | Open | 1983 | Melissa Holahan | Wallsend | 31.10 | 2 | 1kg |
| | U/18 | 1992 | Melissa Prior | Campbelltown | 37.50 | 1 | 1kg |
| | U/18 | 1992 | Nicole Fassolis | Campbelltown | 37.40 | 2 | 1kg |
| | U/16 | 1995 | Taylah Sengul | Hills | 42.90 | 1 | 1kg |
| | U/16 | 1995 | Filoi Aukuso | Hills | 41.65 | 2 | 1kg |
| | U/16 | 1994 | Cassie Deegan | Gosford | 37.38 | 3 | 1kg |
| | U/16 | 1995 | Samantha Farrant | Gosford | 33.18 | 4 | 1kg |
| | U/16 | 1997 | Monica Dimon | Illawong | 29.80 | 5 | 1kg |
| | U/14 | 1996 | Tania Fassolis | Campbelltown | 30.06 | 1 | 750g |
| | U/14 | 1998 | Samantha Peace | Shoalhaven LA ¹ | 24.27 | 2 | 750g |
| | U/14 | 1997 | Ivy Eagles | Camden | 20.86 | 3 | 750g |

| Discus - Men | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
|---------------------|------------------|--------------|-------------------------|---------------|---------------|--------------|---------------|
| | 65-69 | 1943 | Ron Heeps | Camden | 36.49 | 1 | |
| | 50-54 | 1957 | Andrew Atkinson- Howatt | Ryde | 38.57 | 1 | 1.5kg |
| | 50-54 | 1956 | Robert Hanbury- Brown | NSW Masters | 35.76 | 2 | 1.5kg |
| | 50-54 | 1955 | Lajos Joni | Girraween | 33.83 | 3 | 1.5kg |
| | 45-49 | 1963 | Stuart Gyngell | Mingara | 45.58 | 1 | 2kg |
| | 40-44 | 1965 | Jim Fassolis | Campbelltown | 29.13 | 1 | 2kg |
| | Open | 1986 | William Higgins | Campbelltown | 40.12 | 1 | 2kg |
| | Open | 1985 | Matthew Sawaszenko | Bankstown | 37.87 | 2 | 2kg |
| | Open | 1982 | Mark Dickson | Westfields | 36.38 | 3 | 2kg |
| | U/16 | 1995 | Tepai Moeroa | Hills | 54.74 | 1 | 1kg |
| | U/16 | 1994 | Matthew Probert | Macquarie Hun | 44.91 | 2 | 1kg |
| | U/16 | 1995 | Michael Taylor | Westfields | 43.66 | 3 | 1kg |
| | U/16 | 1995 | Brooklan Frkovic | Wollongong | 37.55 | 4 | 1kg |
| | U/16 | 1995 | Richard Dimon | Illawong | 27.81 | 5 | 1kg |
| | U/14 | 1996 | Justin Maloney | Hills | 43.70 | 1 | 1kg |
| | U/14 | 1997 | Paulo Aukuso | Blacktown | 37.82 | 2 | 1kg |

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| Shot Put - Women | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
|-------------------------|------------------|--------------|-------------------|----------------|---------------|--------------|---------------|
| | 45-49 | 1960 | Wendy Hord | Blacktown | 7.40 | 1 | 4kg |
| | 35-39 | 1970 | Lynette Smith | Girraween | 9.70 | 1 | 4kg |
| | 30-34 | 1977 | Aileen Livingston | Wallsend | 7.54 | 1 | 4kg |
| | 30-34 | 1977 | Vanessa Beddie | Nepean | 14.87 | 2 | 4kg |
| | Open | 1983 | Melissa Holahan | Wallsend | 10.88 | 1 | 4kg |
| | U/16 | 1995 | Filoi Aukuso | Hills | 12.12 | 1 | 4kg |
| | U/16 | 1995 | Taylah Sengul | Hills | 11.57 | 2 | 4kg |
| | U/14 | 1996 | Tania Fassolis | Campbelltown | 9.66 | 1 | 3kg |
| | U/13 | 1998 | Samantha Peace | Shoalhaven LA' | 9.16 | 1 | 2kg |
| | U/13 | 1997 | Ivy Eagles | Camden | 6.54 | 2 | 2kg |

| Shot Put - Men | Age Group | Y.O.B | Name | Club | Result | Place | Weight |
|-----------------------|------------------|--------------|-------------------------|---------------|---------------|--------------|---------------|
| | 65-69 | 1943 | Ron Heeps | Camden | 10.42 | 1 | 5kg |
| | 50-54 | 1957 | Andrew Atkinson- Howatt | Ryde | 10.93 | 1 | 6kg |
| | 50-54 | 1956 | Robert Hanbury- Brown | NSW Masters | 10.44 | 2 | 6kg |
| | 50-54 | 1955 | Lajos Joni | Girraween | 10.09 | 3 | 6kg |
| | 45-49 | 1963 | Stuart Gyngell | Mingara | 16.64 | 1 | 7.26kg |
| | 40-44 | 1965 | Jim Fassolis | Campbelltown | 10.16 | 1 | 7.26kg |
| | U/16 | 1995 | Tepai Moeroa | Hills | 15.82 | 1 | 4kg |
| | U/16 | 1994 | Matthew Probert | Macquarie Hun | 13.24 | 2 | 4kg |
| | U/16 | 1995 | Michael Taylor | Westfields | 12.35 | 3 | 4kg |
| | U/16 | 1995 | Brooklan Frkovic | Wollongong | 10.10 | 4 | 4kg |
| | U/16 | 1995 | Richard Dimon | Illawong | 9.66 | 5 | 4kg |
| | U/14 | 1996 | Justin Maloney | Hills | 14.13 | 1 | 3kg |
| | U/14 | 1997 | Paulo Aukuso | Blacktown | 11.06 | 2 | 3kg |